Common name
Palmiche, Palmera.

Natural range
*Cryosophila williamsii* is confined to a small area in west-central Honduras, part of the Mesoamerican Hotspot. It is restricted to steep, high-rainfall slopes of the Lago Yojoa watershed at ca. 650 m elevation. The substrate is limestone. Until recently, the area supported dense rain forest.

Recognition characteristics
*Cryosophila williamsii* is a solitary fan palm growing up to 7 m tall. The trunk bears root spines, which are characteristic for the genus. Each leaf bears a deep central division, and segments are grouped into sections each containing 3–6 segments. The inflorescence is ascending, with a dense covering of 5–9 peduncular bracts. The flowers are bisexual. The fruits are globose or ovoid and creamy white.

Natural history
Little is known of the natural history of this rare palm. It was formerly used for thatch and heart-of-palm, but nowadays, it is too rare to be a useful source of thatch. Harvesting for heart-of-palm may occur occasionally. The pollination biology of *C. williamsii* has not been studied, but pollinators are assumed to be beetles, as is known for related species, which are also known to have thermogenic inflorescences. Agents of seed dispersal are unknown.

Threats to survival
Deforestation is the single greatest threat to survival of *Cryosophila williamsii*, and indeed, the entire biota of the Lago Yojoa watershed. *Cryosophila williamsii* seedlings require moist shade in which to establish and grow; seedlings cannot tolerate exposure, the kind that occurs after heavy slash-and-burn deforestation. In addition, continued extraction of *C. williamsii* for hearts-of-palm is unsustainable and is contributing to the current conservation crisis surrounding this palm.

Current Conservation Measures
Although the Lago Yojoa watershed was designated as a forest reserve in 1971, forest clearing by local farmers continued unabated.

The greatest hope for *Cryosophila williamsii* lies in an *ex situ* collection at Fairchild Tropical Botanical Garden, Miami, USA. Seeds were collected from the type locality in January, 1994. The palms began flowering for the first time in 2005.
Additional Necessary Conservation Actions

The type locality in Honduras should be re-surveyed to see if the species is truly extinct. Evans (1996) noted that reproduction and seedling recruitment were abundant, so young palms (to small for harvesting of hearts-of-palm) may still persist. A local public awareness campaign to prevent overharvesting might be effective, especially if alternative fast-growing hearts-of-palm crops (such as Roystonea regia) can be substituted.

The ex situ collection at Fairchild Tropical Botanic Garden could be used for germplasm production, however, it is not know if this species will set fruit in cultivation (i.e., without presumed beetle pollinators). Hand pollination may be necessary. If seeds can be produced from cultivated plants, reintroductions (following the successful protocol of Maschinski & Duquesnel) should be attempted. Additional ex situ collections should be established in botanical gardens in Central America.

References


Scientific Contributors

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Cryosophila williamsii in cultivation at Fairchild Tropical Botanic Garden. Photo by Carl Lewis